



HRH of New Jersey

Health and Recreation through Horses

A volunteer-run non-profit organization, HRH of New Jersey provides information resources, networking opportunities and training to professionals and interested individuals dedicated to Equine Assisted Activities and Therapies (EAA/T) in New Jersey.





Equine Assisted Activities and Therapies (EAA/T) are provided to children and adults with special needs, disabilities and/or disorders in many centers and programs around the state of New Jersey.

EAA/T include the following activities:

Therapeutic Horseback Riding, Interactive Vaulting, Adaptive Carriage Driving, Equine Facilitated/Assisted Learning (EFL/EAL), Equine Facilitated/Assisted Psychotherapy (EFL/EAP); Occupational Therapy, Physical Therapy, and Speech Language Pathology specializing in the use of hippotherapy treatment interventions.

HRH of New Jersey co-hosts (with Special Olympics New Jersey) an annual horse show that showcases the equestrian skills of riders from many therapeutic riding centers and programs across the state.

Visit our website www.hrhofnj.org if you are:

-  **A participant** interested in finding a program or center near you
-  **A volunteer** looking for opportunities
-  **An individual** interested in joining HRH of New Jersey
-  **A donor** looking to make a difference

**Visit www.hrhofnj.org or email hrhofnj@gmail.com
Find a Center, Volunteer, Join, Donate**



Our Mission is to serve as a network and information resource for organizations and individuals in the State of New Jersey who provide equine assisted activities and therapies.

- 🐾 **To encourage** the formation of new programs and support existing centers;
- 🐾 **To sponsor training** and continuing education opportunities;
- 🐾 **To educate the public** on the benefits of equine assisted activities and therapies;
- 🐾 **To work with government agencies**, institutions and private associations to gain cooperation in carrying out its purposes.



More detailed information about EEA/T and instructor certification can also be found on www.pathintl.org - The Professional Association for Therapeutic Horsemanship.



For more detailed information about hippotherapy treatment interventions or to find a therapist visit www.americanhippotherapy.org - American Hippotherapy Association, Inc.



Visit www.hrhofnj.org or email hrhofnj@gmail.com
Find a Center, Volunteer, Join, Donate